



Sailing Instructions

Arizona Yacht Club Heat Stroke Series and RC Training 2008

Tempe Town Lake, Arizona

1 RULES

The series will be governed by the rules as defined in the Racing Rules of Sailing 2005-2008 (RRS) and applicable fleet rules.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the AYC web site, www.arizonayachtclub.org. If it is impractical or untimely to post on the Web, notices will be available from the Race Committee. If you do not have Web access, call the AYC Fleet Captain for copies of documents.

3 CHANGES IN SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be published on the AYC Web site, www.arizonayachtclub.org. If it is impractical or untimely to post on the Web, notices will be available from the Race Committee. The Race Committee may also communicate instructions orally to the crews before start of the event or while the boats are on the water.

4 SCHEDULE

Day 1: June 1	Day 7: July 27
Day 2: June 8	Day 8: Aug 3
Day 3: June 22	Day 9: Aug 10
Day 4: July 6	Day 10: Aug 17
Day 5: July 13	Day 11: Aug 24
Day 6: July 20	

First Warning Signal: 16:00 Hours

5 THE COURSES

5.1 The course to be sailed will be designated by a signboard: for instance, black letters describing compass direction on a white board background. Courses are described on the Arizona Yacht Club Course Chart for Tempe Town Lake, Revision A.

5.2 After starting and completing the first leg of her course, a racing boat shall not pass through the start or finish line except to finish. Unless corrected, she shall be scored "Did Not Finish" (DNF) without a hearing.

6 MARKS

6.1 Course marks will be the three-foot tall cylindrical permanent lake buoys.

6.2 Race starts and finishes shall be on the same line, described by two small White marks.

7 THE START

7.1 Races will be started according to rule 26 except that the warning signal shall be displayed three minutes before the start and the preparatory signal shall be displayed two minutes before the start.

7.3 A boat whose warning signal has not yet been displayed shall avoid the starting area.

8 TIME LIMIT

No race shall be started after three hours from the first warning signal of the day.

9 PROTESTS AND REQUESTS FOR REDRESS

Protest forms are available from the Race Committee and shall be submitted within the protest time that will begin 15 minutes after the final boat finishes the final race of the day. Protest time will end 15 minutes later.

10 SCORING

10.1 One race is required to be completed to constitute a series.

10.2 A boat starting later than five (5) minutes after her starting signal will be scored "Did Not Start" (DNS). This changes rule A4.

10.3 A boat may retire (RET) from a race and receive a score equal to the number of starters for that race, except if she starts alone in her fleet she shall sail the entire course to be scored as a finishing boat. This changes rule A4.

10.5 Unless changed by fleet rules, discards shall be 40% (rounded down) of all races in the series.

13 SAFETY REGULATIONS

13.1 All boats must check in with the Race Committee before their first race of the day.

13.2 A boat that retires from a race or retires from racing before the end of the race day shall notify the Race Committee as soon as possible.

13.3 The safety of a boat and her entire management, including insurance, shall be the sole and inescapable responsibility of her owner or entrant racing the boat. See rule 4, Decision to Race.

14 PRIZES

Prizes for the series are based on the number of participating boats in each class or fleet and awarded as follows:

Number of Boats	Number of Awards
2-4	1
5-6	2
7-9	3
10-15	4
16+	5

15 RC Training

Each fleet will be required to provide a RC on an assigned schedule. The PRO of the day will provide instruction to the RC personnel and operate races for the other fleet to demonstrate their skills.

FLEET CAPTAIN - ARIZONA YACHT CLUB

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